

# HUMAN SERVICES (HS)

## HS-1101 Foundation of Substance Abuse, Addiction, and Group Work 4 Credits

Introduction to psychological and medical complications of alcohol, tobacco, and other drugs (ATOD), with emphasis on short term and long term effects. Provide overview of history of ATOD, etiology of dependency, physiological, neuropsychological, psychological and social effects of chemical abuse on the body and relationships. Also includes investigation of group work theories, different types of groups, group dynamics, stages of group process, group facilitation, participant role/ influences, and group counseling techniques.

*Lecture: 4 hours*

*Prerequisite(s): ENG-1010 College Composition I or concurrent enrollment.*

## HS-1110 Crisis Intervention and Child Abuse Issues 3 Credits

Introduction to crisis theory and crisis intervention strategies utilized with individuals, groups and the community. Focus on range of human service populations and high risk situations. Introduction to understanding and responding to child abuse. Define criteria to evaluate physical, emotional, psychological and sexual abuse. Define criteria for evaluating sexual interactions of children. Identify sexual perpetrator behavior of children and develop intervention strategies. Includes prevention, early intervention, crisis intervention and recovery strategies.

*Lecture: 3 hours*

*Prerequisite(s): ENG-1010 College Composition I, or departmental approval.*

## HS-1120 Suicide Prevention & Intervention 2 Credits

Covers suicide as a major social problem in America. Explore the social, psychological, and spiritual aspects of suicide and the differences between suicide death and other deaths. Includes the high risk factors associated with suicide, including gender, age, culture, mental illness, physical illness, addictions, and other Adverse Childhood Experiences (ACES). Exploration of the assessment and intervention techniques and prevention measures to assist and manage suicide crisis. Also covers resources and services to assist the person at risk of suicide as well as the family members/survivors. Field trips may be required.

*Lecture: 2 hours*

*Prerequisite(s): ENG-1010 College Composition I or departmental approval.*

*Students may request a prerequisite override. This request will be done on a case by case basis.*

## HS-1200 Treatment Modalities and Diversity Issues in Chemical Dependency

**4 Credits**

Introduction to current concepts, theoretical models and research used by practitioners to understand total ecology of the chemically dependent individual. Examination and exploration of psychological, social and cultural lifestyle aspects and chemical dependency as applied to multicultural and special populations. Examination of various methods of intervention, assessment, treatment, medication, group therapy, counseling techniques, case management, referral, and community resources for practitioners to help people maintain sobriety. Identify standards of professional behavior, including relevant codes of ethics and the 12 Core Functions/Global Criteria. Identification of national accreditation criteria, documentation, certification requirements, and examination preparation.

*Lecture: 4 hours*

*Prerequisite(s): HS-1101 Foundations of Substance Abuse, Addiction, and Group Work.*

## HS-1210 Prevention and Chemical Dependency 2 Credits

Examine the three levels of prevention interventions. Discuss models and theories used in prevention strategies. Identify methods, strategies, legal aspects, social and community resources available to prevent chemical dependency and relapse. Discuss prevention certification skills and requirements. Emphasis on process outcomes, including quality assurance, evaluation and tracking.

*Lecture: 2 hours*

*Prerequisite(s): HS-1101 Foundations of Substance Abuse, Addiction, and Group Work*

## HS-1220 Diagnostic Tools and Legal Considerations 4 Credits

Introduction to signs and symptoms of behaviors associated with mental illness. Review of diagnostic criteria of mental illness as formulated in the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, (DSM-5). Review evidenced based treatment (including psychotherapy and pharmacologic therapy) for various mental health disorders. Review legal issues and policies affecting consumers of mental health and substance use disorder services. Explore the Ohio Revised Code statutes related to compulsory commitment, due process, patient rights, privacy, and confidentiality. Discuss recent court decisions pertaining to mental health and substance use disorders.

*Lecture: 4 hours*

*Prerequisite(s): None*

## HS-1300 Introduction to Human Services 3 Credits

Survey of historical and philosophical developments and their effects on Human Services. Introduction to contemporary Human Services delivery systems. Development of client-centered Human Services interventions. Exploration of careers in the field of Human Services. Emphasis on understanding Human Services within context of culturally/ethnically diverse urban environment.

*Lecture: 3 hours*

*Prerequisite(s): ENG-1010 College Composition I, or concurrent enrollment; or ENG-101H Honors College Composition I, or concurrent enrollment.*

### **HS-1820 Independent Study/Research in Human Services**

#### **1-3 Credits**

Directed individual study. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.

*Lecture: 1-3 hours*

*Prerequisite(s): Departmental approval, and instructor approval, and ENG-0990 Language Fundamentals II or appropriate score on English Placement Test.*

### **HS-1850 Introduction to Human Services Principles and Practices**

#### **5 Credits**

Supervised practicum with emphasis on orientation, data collection, behavioral documentation, interpretation of behavior, and decision making relating to individuals and social systems. Principles and practices of Solution Focused/Brief Therapy Theory and Motivational Interviewing. Development of behavioral observation, assessment, intervention and assertiveness skills. Emphasis on developing cooperative relationships with clients, practicum supervisor, instructor and peers. Introduction to community services and managed care system. Demonstrate application of appropriate, ethical and culturally sensitive interventions at practicum site.

*Lecture: 3 hours*

*Other Required Hours: Practicum: 105 hours work experience at an approved clinical site per semester; Seminar: 1 hour per week.*

*Prerequisite(s): HS-1101 Foundations of Substance Abuse, Addiction and Group Work and HS-1300 Introduction to Human Services, and departmental approval: required background check must be completed at least three months prior to the first day of class.*

### **HS-2200 Ethics in Chemical Dependency**

#### **3 Credits**

Examination of ethical considerations in field of chemical dependency, with special emphasis on expectations regarding client confidentiality. Emphasis on ethical considerations surrounding the 12 Core Functions of Chemical Dependency Counseling. Identify scope of practice skills and limitations. Examination of contemporary issues impacting the delivery of chemical dependency services.

*Lecture: 3 hours*

*Prerequisite(s): HS-1101 Foundations of Substance Abuse, Addiction, and Group Work.*

### **HS-2300 Family Theory and Services**

#### **4 Credits**

Principles of family dynamics. Emphasis on family preservation. Introduction to various family theories, approaches and intervention strategies. Explore concepts related to intergenerational patterns of behavior and family traits. Introduction to signs and symptoms of behaviors associated with abuse, domestic violence and neglect. Development of assessment skills with emphasis on relationships, parenting, abuse and/or neglect. Introduction to basic legal issues, ethics and reporting policies and procedures. Introduction to system and services of the local Department of Children and Family Services. Development of human service skills to service families. Explore range of services and resources available to families.

*Lecture: 4 hours*

*Prerequisite(s): ENG-0995 Applied College Literacies, or appropriate score on English Placement Test. Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.*

### **HS-2600 Systems Approach to Case Management**

#### **4 Credits**

Study of a multi-systemic approach to human service delivery. Develop skills to evaluate existing human services in community. Development of assessment skills for individuals and families through use of Genogram and Ecological Mapping tools. Development and practice of skills in assessment, planning, coordination, intervention, and referral. Practice of oral and written communication pertaining to case management and presentation.

*Lecture: 4 hours*

*Prerequisite(s): HS-1850 Introduction to Human Services Principles and Practices.*

### **HS-2820 Advanced Independent Study/Research in Human Services**

#### **1-3 Credits**

Directed individual advanced study. Study/research title and specific content arranged between instructor and student. May be repeated for a maximum of six credits of different topics.

*Lecture: 1-3 hours*

*Prerequisite(s): Departmental approval, and instructor approval, and ENG-0995 Applied College Literacies, or appropriate score on English Placement Test. Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.*

### **HS-2850 Human Services Principles and Practices I**

#### **5 Credits**

Introduction to the basic skills of time management. Application of time management techniques to student's personal schedule. Investigation of therapeutic theories of laughter and playfulness. Continue developing skills and application of Motivational Therapy. Introduction into the theory and application of Cognitive Therapy and Non-Traditional Therapies. Research of a specific Adjunct Therapy. Integrate Prevention, and Trauma Informed strategies in service delivery. Include family and relationship aspects as an integral part of client success. Seminar: 1 hour per week

*Lecture: 2 hours*

*Other Required Hours: Practicum: 14 hours per week.*

*Prerequisite(s): HS-1850 Introduction to Human Services Principles and Practices, or departmental approval: equivalent coursework.*

### **HS-2860 Human Services Principles and Practices II**

#### **3 Credits**

Continuation of practicum experience. Focus on client within the existing service delivery system, and demonstration of approved therapeutic approaches, including Motivational Interviewing, Cognitive Therapy and Solution Focused therapy. Recognize signs of challenging clients and awareness of self in the therapeutic relationship. Understand and demonstrate the usage of billable terminology in client notes. Discuss family relationship aspects and effects on client treatment.

*Lecture: 1 hour*

*Other Required Hours: Practicum: 210 hours per semester at practicum site; Seminar: 1 hour per week.*

*Prerequisite(s): HS-2850 Human Services Principles and Practices I.*

**HS-2990 Human Services Capstone**

**2 Credits**

Capstone course in Human Services. Assessment of one's knowledge, experience and skills as human service worker. Preparation and presentation of qualifications through written resume and portfolio. Guidelines and preparation for employment interview. Investigation into human services issues.

*Lecture: 2 hours*

*Prerequisite(s): HS-2850 Human Services Principles and Practices I.*